

A group of people, including a young girl, smiling and looking at a document. The image is dimly lit, with the text overlaid in white.

eclipse

UCCE Training: Co-Creation Sessions

May 2022

4h

Session Objectives

- Learn about Co-Creation Sessions
- Practice how to run Co-Creation Sessions with your team members



Session Agenda

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|--|-------------|
| | 4 hr |
| 1 Introduction to co-creation sessions | 60 min |
| 2 Preparation and guidance for co-creation sessions | 60 min |
| Offline | |
| 3 Putting it into practice: co-creation session with YAs | 60 min |
| 4 Implementation: co-creation session with parents/caregivers
(the next day) | 60 min |
| 5 Questions | |



Introduction to Co-Creation Sessions

1. What are Co-Creation Sessions?
2. Team roles
3. Introduction to “árboles de problema”
4. Advice for the coordination of sessions

What are Co-Creation Sessions?

Co-Creation Sessions are community engagement sessions held as part of the User-Centred Community Engagement approach.

Co-Creation Sessions serve two objectives:

1. To explore in detail the key problem areas identified through Interactive Digital Surveys together with members to the target community;
2. To facilitate a space where community members can imagine and suggest - '*co-create*' - possible solutions to these problems in collaboration with SAVE.



Co-Creation Session Roles

Lead Facilitator:

- 1 person per session.
- Responsible for the overall implementation and running of the session.
- Responsible for collecting and recording suggested ideas at the end of each session.

Co-Facilitators:

- 1 person x session.
- Responsible for supporting the Lead Facilitator in running the session.
- Leads one of the breakout groups during the Problem Tree activity

Project Leader (or delegate):

- At least 1 person per session.
- Responsible for managing participants' expectations.



Introduction to the Problem Tree

- The main activity used in the Co-Creation Sessions.
- Adaptation of the traditional Problem Tree activity designed to help participants explore root causes of different problems in more details.

Key components of the UCCE Problem Tree:

1. **Problem area:** a sphere in which AYs find difficulties, needs or challenges. In the case of WASH one problem area may be infrastructure, in another case it may be security.
2. **Necessity or problem:** something that makes it difficult or impossible for AYs to access services or personal care. We can detect specific problems for people with special needs due to a disability.
3. **Cause:** It is what creates a problem or a need.



Facilitation tips

- 1 Make participants feel comfortable and safe.
- 2 Manage conversations and ensure that all participants have an opportunity to take part in the activities and express their views and ideas.
- 3 If nothing comes to mind at the moment, ask non-directive questions to guide them or give examples to the participants. Non-directive questions: What do you think, how do you imagine, what do you think? ✓ Directives: not true that, true that... ✗
- 4 Encourage out-of-the-box thinking and ask participants to think aloud when coming up with potential solutions..
- 5 Encourage creativity: provide participants with means to **write or draw** their thoughts and ideas if they struggle to express themselves verbally.

Facilitation tips

- 6 Be positive and optimistic, and encourage participants to do the same.
- 7 Don't judge any ideas proposed by the participants.
- 8 Emphasise to the participants that they are the experts and that they can express themselves freely.
- 9 Acknowledge and respect different points of view, and seek opportunities to find common ground.
- 10 Seek inclusive solutions that work for everyone.



Got a Question?

Next Session - Tuesday 10th

Review of:

- Guide for sessions with adolescents and young people.
- Guide for sessions with parents and caregivers.

Hands on!

1. Instructions
2. Sessions with AYs
3. Sessions with parents and caregivers

Hands on: instructions

Role Play instructions

1. One person will be the main coordinator, while the other will be the assistant coordinator.
2. The rest will play the role of YAs or parents.
3. You have 90 minutes to practice the co-creation session with YAs and 90 minutes to practice the co-creation session with parents or caregivers.



Hands on: Sessions with AYs

The main coordinator and the official coordinator:

- Follow the *Guide for the coordination of co-creation sessions with young people and adolescents* step by step.

Rest of the team:

- Imagine that they are AJs from 13 to 19 years old who have come to participate in the co-creation session.
- Try interpreting various profiles. You can assume different roles: being easy to 'control', you can be hyperactive, very quiet, or have a lot to say. Be creative!



Hands on: Sessions with parents and caregivers

The main coordinator and the auxiliar coordinator:

- Follow the *Guide for the coordination of co-creation sessions with parents and caregivers* step by step

Rest of the team:

- Imagine that you are the parent or caregiver of AJs who have come to participate in the co-creation session.
- Try to play multiple roles: may have a lot or a little to say, may want to talk about other areas not related to a certain programme, have few ideas to solve the problems that will be discussed Be creative!

